



GROUP 224 NEWSLETTER

Official Newsletter of Group 224 – NJ075

United States Air Force Auxiliary - Civil Air Patrol

Commander: Lt. Col. Joseph A. Milano

Newsletter Editor: Capt. C. Ulmer - 732-922-2927

“Setting The Standard”

Upcoming CAP Events

14 Sep – 19 Oct (Tuesdays from 1900-2100): Squadron Leadership School (at Group 224 HQ in Freehold-see Capt_Wiley)

16-23 Oct: National Staff College (Maxwell AFB)

23-24 Oct: Corporate Learning Course (McGuire AFB)

See NJ Wing Website for details:

<http://www.njwg.cap.gov/>

McGuire Squadron promotions

On 02 August 2004 our Group 224 I.G. inspection team participated in McGuire Squadron’s promotion and awards ceremony after completing the scheduled inspection.

Several cadets and one senior member were promoted., and Maj Quinones addressed the squadron.

Group Calendar Online!

Keeping up with Group 224 events and activities is now a lot easier thanks to the efforts of Capt Ron Wiley – our monthly calendar can be seen at <http://my.calendars.net/njcapgroup224>. Info on the calendar includes meeting and activity dates and times. Put the above link on your “favorite places” and check the calendar frequently.



Don’t forget to visit CAP websites to keep up with changes and upcoming events!

Group 224: <http://group224.njwg.cap.gov/>

New Jersey Wing: <http://www.njwg.cap.gov/>

National HQ: <http://www.cap.gov/>



The Chaplain’s Corner



Greetings fellow senior members and cadets of Group 224! I trust you all are enjoying this wonderful summer!

I trust you all had an opportunity to read my brief biography in last month’s Group 224 newsletter. I count it a real honor and privilege to be associated with the great organization of the Civil Air Patrol – the official auxiliary of the United States Air Force!

Group 224 is doing a lot of new things this year. One is this monthly newsletter and the beginning this month of **The Chaplain’s Corner**. As the newly appointed Group Chaplain, I trust my monthly input will help to educate, inform and encourage you in the areas of moral leadership and instruction within the Civil Air Patrol.

I had the opportunity to spend two days this July at the New Jersey Cadet Encampment at McGuire Air Force Base. What a great time I had assisting our Wing Chaplain Major Hector Rodriguez in teaching moral leadership to the Cadets!

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The Chaplain's Corner (continued)

I was also able to make my first official squadron visit as Chaplain to the McGuire Composite Squadron, and am looking forward to visiting our other Group 224 squadrons.

May I leave you this month with something I came across that sums up my desire as I serve God as a Chaplain in the Civil Air Patrol:

"I shall pass through this world but once. Any good therefore that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer or neglect it, for I shall not pass this way again."

Chaplain Guyer

HURRICANE MISSIONS

From CAP media release, 18 August 2004, Maxwell AFB Alabama

In the aftermath of Hurricane Charley, CAP members assisted Florida emergency responders by using CAP-owned SDIS equipment and CAP aircraft to take digital photos from air and ground. They transmitted the high-resolution images via satellite phone and e-mail from the air for state and federal officials to use in damage assessment and recovery planning.

CAP also helped locate and silence more than 700 Emergency Locator Transmitters (ELTs) that were activated as a result of aircraft and boats damaged during the storm.

As of 17 August 2004, CAP had flown 72 sorties and contributed more than 192 hours to the Charley relief effort. Some 250 CAP members from seven different states were involved, and a total of 25 aircraft and four SDIS systems were in use.



First Aid and Safety Tips

**Captain C. Ulmer,
Group 224 Health Services Officer**

FROSTBITE:

Frostbite occurs most commonly in the extremities (fingers, toes, hands, feet, ears, nose) when exposed to intensely cold liquid or air. Ice crystals form in the tissues, and gangrene and tissue death can develop, leading to loss of the body part.

Early stages

Signs & symptoms:

- Skin turns red, then white and waxy.
- Numbness of affected area

Treatment: Warm the affected area using body heat (for example, place hands in armpit).

Later stages

Signs & symptoms:

- Skin turns mottled, blotchy, yellow, and finally grayish-blue.

Treatment: Transport to medical care immediately. Immerse the affected area in warm (but not hot) water to rewarm and improve circulation. Do not let affected area touch sides of container, only the warm water.

UNDER NO CIRCUMSTANCES MASSAGE THE AFFECTED AREA. This can result in increased damage to the cells.

(Source: CAP Ground and Urban Direction Finding Team Tasks - 24 May 04)

Safety Pledge:

I pledge to do my part to foster a safe environment during all CAP activities, to be a responsible steward of CAP resources and to fully prepare myself for the challenging missions that serve America.